

# **Sweet Jack-fruit in Pineapple Juice**

Herali, Sweet Jack-fruit in Pineapple Juice is totally organic and 100% plant based. Naturally sweet and succulent, tender pieces of jack-fruit can be consumed as it is. The unique and natural flavour of ripen jack fruit and it's refreshingly rich aroma makes it an ideal companion when added to fruit salads, fruit cocktails, smoothies, shakes or mocktails.

# **Nutritional Facts**

Serving size 100g

**Amount Per Serving** 

Calories 95 Calories from Fat 5.8 % Daily Value\* % Daily Value\* **Total Fat 0.6g** Protein 1.7g Vitamin A 2.2% Saturated Fat 0.2g 1% Calcium 2.4% Trans Fat 0g 0% Potassium 448mg **Cholesterol 0mg** 0% Vitamin C Iron

#### **Ingredients**

Organic Sweet Jack-fruit, Pineapple Juice

### **Serving Suggestions**

- ⊗ As it is
- ⊗ In shakes
- ⊗ As a topping for Ice-cream
- ⊗ In trifles
- ⊗ Fruit cocktails
- ⊗ As a garnish for dessert and puddings
- ⊗ As a refreshing beverage

#### Benefits

- ⊗ Rich in potassium

## Certifications





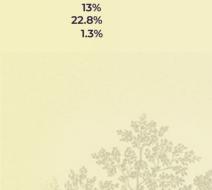


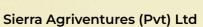












112, Havelock Road Colombo 00500, Sri Lanka +94 11 255 2310 info@sierraagriventures.com www.sierraagriventures.com

Cholesterol 0mg 0%
Sodium 40mg 2%
Total Carbohydrate 24g 8%
Dietary Fiber 1.55g 6%
Sugars 19g 0%

\* Percentage of Daily Values are based on a 2,000 calorie

<sup>\*</sup> Percentage of Daily Values are based on a 2,000 caloridiet. Your daily values may be higher or lower depending on your calorie needs: